

READY *to rumble*

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Wrestler Olivia Lukash finds out that her biggest win is from the wrestling community.

Tweet. The whistle blows, and freshman Olivia Lukash immediately goes into her beginning stance with confidence and a look of determination in her eyes.

She is ready for her first wrestling match ever.

The idea to join the wrestling team came from Lukash's curious attitude towards wrestling and her yearning to try something different.

"I just wanted to step out of my comfort zone and try something new," Lukash said.

Although wrestling is, at least historically, thought of as a more male-dominated sport, Lukash never felt out of place.

"All the guys are very inclusive and don't tend to look down on you because you're female," Lukash said. "As long as you do the work, they will treat you the same."

Lukash notes that wrestling isn't the same rigorous and rough sport that it is portrayed as. She says there is a soft side on the team that makes them excited to go to practice every day. This community has helped her prepare for

the first of many wrestling competitions in her high school career.

"The people and environment are my favorite part," Lukash said. "It's a very safe place that has a close community."

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OLIVIA LUKASH

Lukash has a message for all people considering joining wrestling.

"I definitely would [recommend wrestling]," Lukash said. "If you have the determination and are willing to commit to it, it's a great place to be and is super uplifting and fun."



(far left, top) **HEAD IN THE GAME** Olivia Lukash goes head to head with her opponent from Milpitas.
(far left, bottom) **THE STARTING SECONDS** Olivia Lukash focuses on her game moves as the match begins. "What always helped me was reminding myself there was most likely going into their first year of wrestling," Lukash said.
(right) **GETTING SOME ADVICE** Olivia Lukash listens to her coaches before her upcoming match. "My coach would always reassure me that I was strong and could do what I needed to win," Lukash said.

Paxton Peng
Armando Perez
Geraldine Perez
Omkar Perinkulam
Nika Petryaevskaya
Malcolm Phillips



Lasaides Philyaw-Voorhees
Cason Pickett
Tarika Pillay
Eitan Pilpoul
Jose Pinto Saldana
Fallon Porter



Daniela Posada-Palafox
Alani Poutoa
Ailey Prior
Mihir Pudipeddi
Madison Qin
Veronica Qiu



Cailey Lilly Quita
Julian Rabbitt-Tomita
Daniel Rainey
Keerthi Raj
Ashwin Rajan
Kishor Rajmohan



Ana Cristina Ramirez Baycheva
Areet Rao
Luka Ratkovic
Lukas Reagan
Max Reiter
Millie Reiter



Jachin Reynolds
Jaydin Richards
Jackson Ricketts
Israel Robertson
Dylan Robinson
Nathan Robinson



Paisley Robles
Silvia Rodriguez
Jade Rothbaum
Clive Rudolph
Finn Rutkowski
Christian Ruvalcaba



Felix Ryans
Jack Rytokoski
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Annelise Sailer
Santiago Sanchez Amper

